

Being oppressed means the absence of choices.



Unlearning Racism/Oppression Classes

Racism is a construct made in the mind of the oppressor and

Projected into the minds of the oppressed; to be Experienced in

Fear ,Anger, Grief, Boredom and Guilt...Creating self hate and sickness and bad habits!

Weekly Classes will be held on **Mondays**

August 17, 24 & 31, September 14, 21 & 28

TIME: 7 PM TO 8:30 VIA ZOOM

Register online at www.naacpslocty.org

CLASS FEE: \$10.00 PER CLASS

**REQUIRED TEXT: ASSERTIVE BLACK...PUZZLED WHITE
(A BLACK PERSPECTIVE ON ASSERTIVE BEHAVIOR) BY DR. DON CHEEK**

YOU MAY PURCHASE THE BOOK FROM AMAZON

**OPPRESSED PEOPLE
CANNOT REMAIN
OPPRESSED FOREVER.**